



## What is the NAMI Homefront Education Program?



**NAMI Homefront** is a free, six-session class for families, caregivers and friends of Military Service Members and Veterans. The course helps participants understand the challenges Military Service Members/Veterans are experiencing related to trauma, combat stress, civilian life, PTSD and other mental health conditions. Topics covered include mental health, communication, handling crises, treatment and recovery.

The course is designed to increase understanding and advocacy skills while helping participants maintain their own well-being.

**U.S. Department  
Of Veterans Affairs**

**NAMI, the National Alliance on Mental Illness in partnership with the Department of Veterans Affairs, is offering the NAMI Homefront Education Program free of charge to participants.**

**Click registration link or QR code below to find a class near you.**

**Register for the NAMI Homefront classes**

**or scan QR code:**

